

1 Best Selling Cookery Author

TARLA DALAL

PRESENTS

KIDS

Cooking with



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JELLY BOATS

Makes 12 boats.

What you will need

½ packet jelly crystals (100 grams)

3 oranges

Equipment needed

knife

saucepan

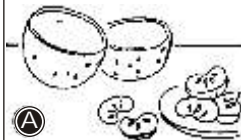
tablespoon

1 serving plate

1. Cut the oranges into half along with the peel.



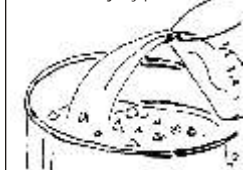
2. Carefully remove the orange segments & keep aside.



3. Put the jelly crystals in a saucepan.



4. Add water as specified on the jelly packet.



5. Bring to a boil & cool slightly.



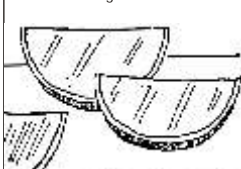
6. Mix well & pour into the orange peel halves.



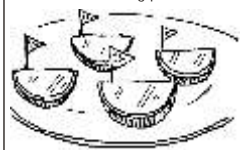
7. Refrigerate till the jelly sets.



8. Cut each half into 2 segments.



9. Decorate with paper flags to make boats & put on a serving plate.

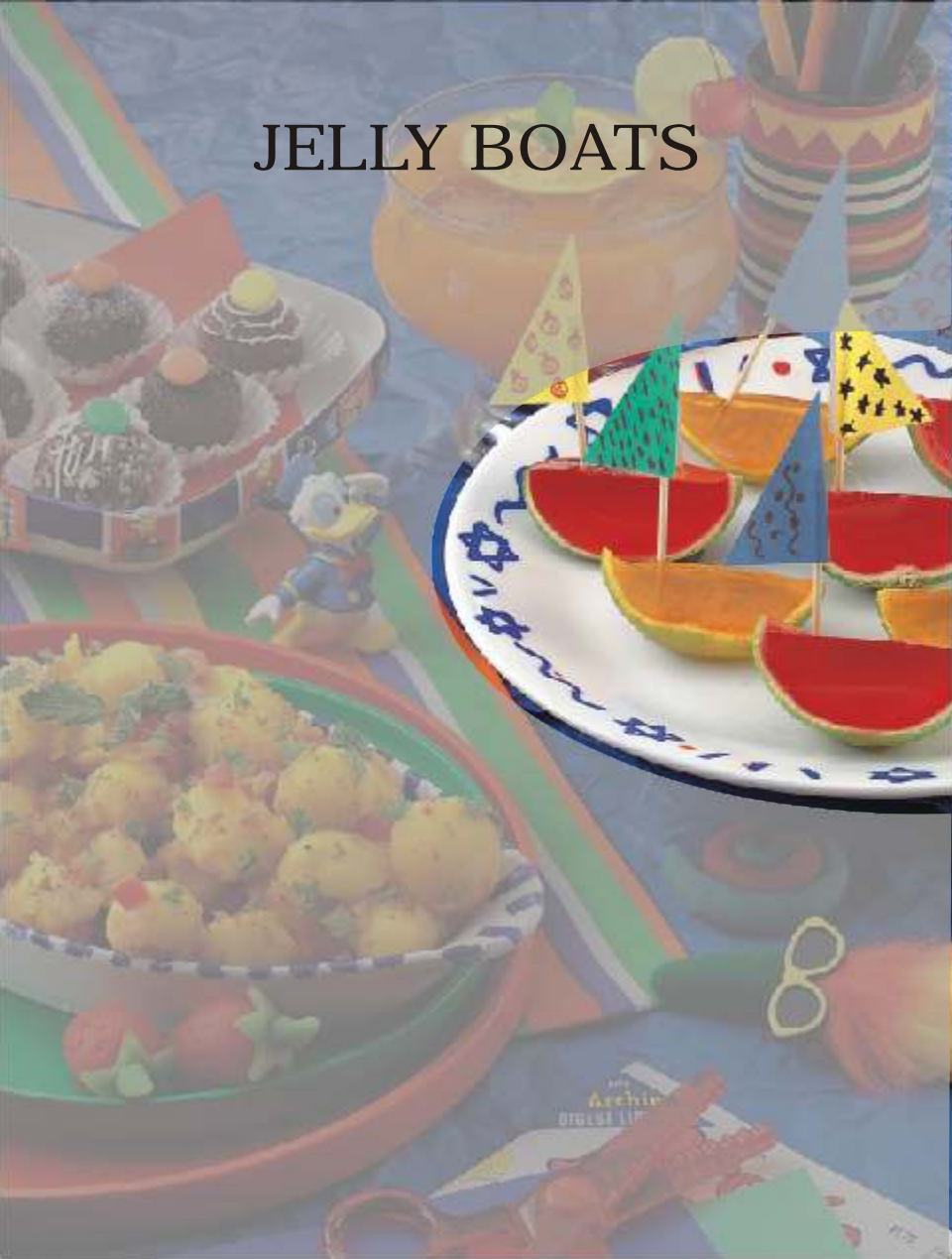


Chill and serve.



Remove the orange segments carefully using a butter knife. Use the orange segments to make Fresh Fruit Salad, page 72.

JELLY BOATS





MACARONI AND VEGETABLE SALAD

Serves 4.

What you will need

- 2 cups boiled macaroni
- 2 spring onions
- 1 capsicum
- 1 tomato
- $\frac{1}{2}$ cup cheese
- $\frac{1}{2}$ cup sweet corn kernels
- $\frac{1}{4}$ cup boiled peas
- 2 tablespoons lemon juice
- 1 teaspoon sugar
- salt & pepper to taste

Equipment needed

- knife
- chopping board
- mixing bowl
- cups
- teaspoons
- tablespoons
- 1 serving plate

1. Chop the spring onions into small pieces.



2. Cut the capsicum into halves. Remove the seeds & cut into thin slices.



3. Cut the tomato & cheese into small cubes.



4. In a mixing bowl, mix together all the vegetables, macaroni & cheese cubes.



5. Add the lemon juice, sugar, salt & pepper. Mix well & refrigerate.



Serve chilled.



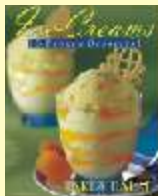
Remember to use cooled macaroni for your salad.

MACARONI AND VEGETABLE SALAD



1. Ideal for kids of **all ages**.
2. Encourages children to be **independent**.
3. Easy to use - **Illustrated recipes**.
4. Recipes **graded** by **level of difficulty** so that kids can start with the basic recipes and proceed to do the more complex ones.
5. **Adult help**, wherever needed is indicated with a symbol.
6. **Handy tips** are included to guide them easily through each recipe.
7. A section on **kitchen basis** - Equipments, ingredients, do's and don't's in the kitchen.
8. 51 recipes - All **tested by kids** in our test kitchen.

Collection of Children Books



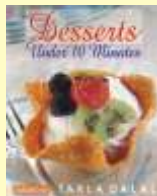
Ice-Creams
& Frozen Desserts



The Chocolate
Cook Book



Baby & Toddler
Cook Book



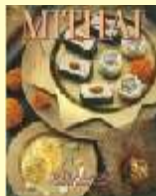
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